

# Clay Community Schools

## ELEMENTARY BREAKFAST

DECEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1 CINN ROLL BACON FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 2 BREAKFAST PIZZA FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Dec - 5 POP TART FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 6 PANCAKES/SYRUP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Dec - 7 GRAVY& BISCUITS FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 8 DUTCH WAFFLE SAUSAGE PATTY FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 9 BREAKFAST PIZZA FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Dec - 12 POP TART FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 13 WAFFLES FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 14 GRAVY& BISCUITS FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 15 CINN ROLL BACON FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 16 BREAKFAST PIZZA FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Dec - 19 POP TART FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 20 PANCAKES/SYRUP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Dec - 21 GRAVY& BISCUITS FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Dec - 22 CHRISTMAS BREAK	Dec - 23 CHRISTMAS BREAK
Dec - 26 CHRISTMAS BREAK	Dec - 27 CHRISTMAS BREAK	Dec - 28 CHRISTMAS BREAK	Dec - 29 CHRISTMAS BREAK	Dec - 30 CHRISTMAS BREAK

ALL MENUS ARE SUBJECT TO CHANGE  
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	479	350-500	100%	Carbohyd	83.58 g	69.80%	
Sodium	510 mg	540		Tot. Fat	10.51 g	19.76%	<=30.0%
Calcium	598.32 mg			Sat. Fat	4.14 g	7.78%	<10.00%

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**